

Blofield Primary School

Whole School Policy for Personal, Social, Health and Economic (PSHE) and Relationships & Sex Education (RSE)

Reviewed by: H Briggs July 2023

Approved by Governors: July 2023

Policy to be reviewed in Summer Term 2026



Introduction

All pupils are entitled to a broad and balanced curriculum regardless of race, gender, religion or ability. At Blofield Primary School we are committed to the development of the whole child and as a consequence we place Personal, Social, Health and Economic Education (PSHE) and Relationships and Sex Education (RSE) at the heart of all that we do. We recognise that schools support pupils to develop in many diverse aspects of life, and the responsibility of preparing pupils for their adult lives is one that Blofield Primary School takes pride in, and assumes with integrity and purpose.

This policy outlines the intent and implementation of our PSHE and RSE curricula in our school. The implementation of this policy is the responsibility of all teaching staff.

Intent

At Blofield Primary School, we believe that young people need to know how to be safe and healthy, and how to manage their academic, personal and social lives in a positive way. Our PSHE and RSE Education is an important part of our rich, broad and ambitious curriculum. It is underpinned by our embedded school values of Fairness, Respect, Challenge, Perseverance and Thoughtfulness.

Our PSHE and RSE curricula are spiral; the overarching themes repeat each year but the content advances. This enables the children to deepen their understanding of the core themes as they progress through the school. Consultation with the children has created a curriculum that is relevant to them, whilst ensuring that all the statutory requirements are met.

PSHE and RSE lessons are planned to provide a careful balance of knowledge and skills. Children have the opportunity to rehearse the skills they need to apply the knowledge in the real world. Time is given for them to reflect on their own values and opinions, and for them to ask questions and discuss in a safe and supportive environment.

Implementation

- **Planning**
Our PSHE and RSE is spread across twelve themes (see Appendix) that are explored in greater depth as the children progress through the school, ensuring that knowledge is appropriate to the age and stage of the children. Our lessons do not rely on literacy-based tasks but contain a range of teaching strategies to ensure that ALL pupils are able to engage fully with lessons, irrespective of their academic abilities. Time is allowed for children to absorb and process information, whilst ensuring that maximum progress is made. Opportunities to embed cross-curricular teaching are maximised.
- **Resources**
We use a variety of resources to enhance our teaching and to ensure that the content of our PSHE and RSE curriculum is relevant and inclusive. We use, among others, PATHS, NSPCC, PSHE Association, RSE Solutions and Think You Know. We ensure that the children we are teaching can relate to the materials we use. External visitors are also used to enhance the experience for children. They give children the opportunity to embed knowledge and practise skills.
- **Assessment**
Each PSHE and RSE lesson contains opportunities for assessment, to ensure that the curriculum is needs-led and that progress is maximised. 'Key Questions' are used at the beginning and end of lessons to highlight progress and to identify any gaps in learning.

PSHE and RSE will be taught by all class teachers and supported by support staff and relevant expert visitors.

PSHE and RSE is taught using a range of teaching methodologies including storytelling, drama, discussions, individual private reflection, quizzes, fact-finding, value spectrums, debating, independent research and artistic presentations etc. This wide range of teaching strategies promotes engagement by all pupils, irrespective of preferred learning styles. Distancing techniques, such as the use of characters within RSE, avoids pupils feeling under pressure to participate or disclose information beyond that which is appropriate or feels comfortable. This strategy makes PSHE and RSE more accessible to all pupils, including those who may have experienced unhealthy relationships and/or abuse. **The school's responsibility to safeguard pupils through a curriculum that prepares them to live safely in the modern world will remain central to curriculum content, teaching methodologies and supporting resources.**

Some elements of the RSE curriculum are a statutory requirement to teach in order for the school to meet Relationships and Sex Education (RSE), 2019 guidance and Health Education and The Equalities Act, 2010.

At Blofield Primary school, we celebrate the diversity of pupils, their families and the wider whole school community. PSHE and RSE is taught in a non-judgemental, non-biased and fully inclusive manner through clear, impartial, scientific information as well as covering the law. Through consultation, continual assessment and regular reviews of the curriculum, we ensure that we continually recognise and respect pupils' different abilities, levels of maturity and personal circumstances including gender identity, faith or culture and that of their family, friends and the wider whole school community.