

**EAT THEM  
TO DEFEAT THEM**



Norse

*Fresh Ideas Feeding Minds*



## Fun Food Facts – Broccoli

Broccoli is a member of the  
cabbage family!

Broccoli is packed with vitamins  
and actually contains more  
vitamin C than oranges!

Norse Catering gets through an  
average of 3,000kg of  
broccoli every year –  
that's the same weight  
as an African forest elephant!



**CHOP`EM DOWN**